FOOD ASSISTANCE

STATEWIDE RESOURCES

Idaho Foodbank Locator

Call **211** for a list of pantries. (208) **336-9643** https://idahofoodbank.org

Idaho CareLine 211 Free summer lunch, food referrals. 211 or 1-800-926-2588 www.idahocareline.org/

Team Rubicon

https://teamrubiconusa.org/applynow

ELMORE COUNTY

El-Ada Community Action Partnership 585 N 3rd E

Mountain Home, ID 83647 (208) 587-8407

Grace Lutheran Church

2422 American Legion Blvd. Mountain Home, ID 83647 (208) 587-4513

Our Lady of Good Counsel, St. Vincent De Paul

342 E Jackson St. Mountain Home, ID 83647 (208) 587-3046

South Fork Boise River Senior Center

350 N Pine Featherville Rd. Mountain Home, ID 83647 (208) 653-2595

Three Island Senior Center & Pantry

492 E Cleveland Ave. Glenns Ferry, ID 83623 (208) 366-2051 https://www.glennsferryidaho.org/local/three-island-senior-center

Idaho Department of Health & Welfare

Supplemental Nutrition Assistance Program (SNAP) Temporary Assistance for Families in Idaho (TAFI) Temporary Assistance for Needy Families (TANF) 2420 American Legion Blvd. Mountain Home, ID 83647 (877) 456-1233 Website & Application: https://healthandwelfare.idaho.gov/

Women, Infants, and Children (WIC)

Central District Health Dept 520 E 8th N Mountain Home, ID 83647 (208) 587-4409 Supplemental nutrition program for Women, Infants and Children up to age 5

ADA COUNTY

Agape in Action

5232 Fairview Ave Boise Free groceries, clothing, & toiletries last Saturday of month from 1–4pm or call. For emergencies call 703-5381 for help. Also offers the "Toys for Tots" program in the months of September- December. Provide Thanksgiving & Christmas food boxes. (208) 685-0612 agapeworship.com

a.l.p.h.a. Choice Food Pantry (Allies linked for the Prevention of HIV & AIDS)

537 W. Bannock St #100 Thurs 2-8, Fri 2-5 For individuals infected with or directly affected by HIV and AIDS. This includes people living with HIV and AIDS, their direct family members, and caregivers. (208) 424-7799 alphaidaho.org

Boise School District Community Schools Food Pantries

Open during school hours. Whitney, Whittier, Garfield, Morley Nelson, Taft, and Frank Church. <u>https://www.boiseschools.org/parents_patrons/parents/community_schools</u>

Cathedral of the Rockies Amity Campus

4464 S Maple Grove Rd Food bank 5:30-7:30 Mondays (208) 362-2168

Calvary Chapel of Boise

123 Auto Dr (Boise Auto Mall) Boise Mon-Friday 9:30-4:30 Limited supplies. Non-perishable & some perishable foods. One visit/month. Need to show drivers license & fill out a form. (208) 321-7440

City Hope Food Pantry

8401 W. Fairview Ave. Boise
9:30-11:30 Monday - Thursday.
\$5 donation if able for large box, bag always free. Once / week. No ID needed.
(208) 376-7272

Community Ministries Center

3000 Esquire (S of Ustick) Boise Mon- Thursday 12–3:15 Cans, produce meats when available. Call ahead for baby items such as baby formula, & diapers. Use every 45 days. Bring proof of address & ID (photo ID or birth certificate) for family members needing food. Need to live in Ada County. (208) 378-7774

Eagle Food Bank

Eagle Performing Arts Center 149 West State St Eagle 1st & 3rd Thursday of the month 10am–12. Last Tuesday of the month 6-7:30pm. Available to Eagle & Star residents. (208) 631-0702

El-Ada Community Resource Center Food Pantry

2250 S Vista Boise M-F 8:00-4:00 May use every 60 days. Food boxes have 2-4 days of food. USDA commodities - call for more info. Interpreter available upon request. (208) 345-2820

El-Ada Community Action Partnership Food Pantry

701 E 44th #2 Boise Mon-Fri 8:00-4:00 May use every 60 days. Food boxes have 2-4 days of food. USDA commodities - call for more info. Interpreter available upon request. (208) 377-0700

First Baptist Church Food Bank

607 N. 13th Boise Sat 9-11am Bread, cans, cheese, butter, milk, some meat. Show ID, every 30 days. (208) 344-7809

First Bible Missionary Church

375 N Roosevelt Boise Nonperishable food. Call for an apt **208-297-8292**

First Presbyterian Church

Friendship Food Pantry 950 W State Boise Mon 5-7. Once per month. (208)345-3441

Foothills Christian Church Food

Pantry 9655 W State Street Boise Fridays 12-2 (208) 853-0011 Foothills.org

Friendship Food Pantry

950 W State St Boise Mon 5-7 (208) 345-3441

Heritage Bible Church Food Pantry

7071 W Emerald Boise 3rd Sun 12:30-2: 30 (208) 353-4036

Hope Lutheran Church Food Pantry Give Hope Food Pantry

331 N Linder Rd Eagle Mon-Wed 10-1 (208) 939-9181

Horsebit Community Pantry

Euclid Church of the Nazarene 1308 W. Hale St

Mon 4:30-6, Sat 11-12:30 No ID needed-Open to the public (208)907-5619

Kuna Community Food Bank

260 W 4th St Mon-Thurs 9-11am and Wed 4-7pm Food orders completed over the phone and picked up by appt. No ID or proof of income or residency required. (208) 922-4745 KunaCommunityFoodBank@gmail.com https://m.facebook.com/Kuna-Community-Food-Bank

Meridian Food Bank

133 W Broadway Meridian
Mon/ Wed 12-6 and Thurs 12-4
May visit twice/month. Cans & dry goods produce in season, meat & eggs when available. Bring ID & proof of address.
(208) 888-5102

Mountain View Church of the Brethren

2823 N Cole Boise Tues-Thurs 10:30-1:30 (208) 375-0604

Salvation Army Food Pantry

9492 W Emerald St Tuesday – Thursday 12pm-4pm and Fridays 10am-2pm Every 60 days. Bring proof of address & photo ID for every family member & must live in Ada County (208) 433-4423

SHIP Food Bank

Every Saturday 10am – 3pm 1423 Grove St. Boise Idaho 83702 (Second Chance Building Materials Center). Open to the Public. Can come back weekly.

St John's Cathedral Food Bank

775 N. 8th St, Boise, ID 83702 Mondays and Wednesdays 1–3 Eggs, produce, meat, dairy, cans. Need ID. (208) 342-3511

Star Outreach Neighbors Helping Neighbors

10775 West State Street (Star) Distribution Days and Times: Tuesday 1:30 – 3:30pm (Bread, Produce and Prepared Meals) Thursday 3:00 – 5:30pm (Month Food Box Distribution and Bread and Produce) **208-779-0046**

St Mark's Food Bank

7960 Northview St. Boise (Entrance in back.) Mon-Fri 10am-1pm, except holidays. Boise and Garden City residents. Every 30 days. Milk, eggs, canned goods, bread, meat, diapers. Photo ID required each visit. Recent proof of address required (208) 327-0345

St. Mary's Food Bank

3890 W. State St. Boise

Mon and Fri. 11am-3pm. New registrations please, arrive no later than 2pm.May visit every 30 days.

Serves these zip codes only: 83703,83714, 83702, 83706.

We require ID for all members of family. Photo ID and proof of address dated within 60 days for family members 18 years and older.

We also serve all veterans and active duty military. Veteran/military ID required.

Food boxes, frozen foods, dairy, eggs, & diapers.

See our website for more information on registration requirements.

(208)345-2734

stmarysfoodbankboise.com

St. Vincent de Paul Food Pantry - Meridian

6300 N Meridian (Chinden – double wide with blue awning) Meridian Mon, Wed, Fri 1–4; Thurs 5:30–7 May visit every 30 days. Bring ID. Serves Meridian, Eagle, Star, Kuna (83634), West Boise (83713), & Horseshoe Bend only. Boxed/canned food, bread/bakery items, produce & meat when available. (208) 995-6697 www.svdpid.org

St Vincent de Paul Food Pantry - Boise

3209 W Overland Boise Tuesday, Fri 10-12 May visit every 30 days. Drive thru system. Bring ID. (208) 333-1460 svdpid.org

Sulamita Food Pantry

1021 W 8th St Meridian 2nd & 4th Sat 10-12 (208) 409-7206

Vineyard Christian Fellowship

4950 N Bradley Boise W & SA 10-noon Every 30 days. Bakery goods, canned foods, & meat .Photo ID & proof of address. Only Ada County residents (208) 377-1477

WIC (Women, Infants & Children)

707 N Armstrong (Central District Health) Boise Appointment only. Pregnant & breast feeding women, infants & children age 1-5 get cheese, eggs, beans, peanut butter, milk, cereal, juice & fresh fruits/vegetables. Pregnant woman need proof of address, proof of income for last 30 days, & proof of pregnancy. Child needs ID, SS card or birth certificate, proof of income, & immunization card. (208) 327-7488

CANYON COUNTY

St. Clare's Food Bank 3719 E Cleveland Blvd Caldwell, ID 83605 Located inside St. Vincent De Paul. Wed 2:00pm-5:00pm (208)454-2132

Metro Community Services 4307 Skyway St Caldwell, ID 83605 Food Pantry open Mendave, Wednesdays and Thurs

Food Pantry open Mondays, Wednesdays and Thursdays from 9am to 1pm (208) 459-0063

New Life Celebration Church

1201 Arthur St Caldwell, ID 83605 (208) 454-1758

The Salvation Army

1015 East Chicago St Caldwell, ID 83605 Tues/Wed/Thur 1:00pm-3:30pm (208) 459-2011

World Harvest Food Pantry

803 Main St Caldwell, ID 83605 Open the Third Saturday of every month 10am- noon (208) 284-4411

Oasis

615 16th Ave S Caldwell, ID 83605 Wed 12:00pm-2:00pmwith lunch, Thur 4:00-6:00pm (208) 459–6000

Seventh Day Adventist Community Services-Caldwell

2216 East Linden St Caldwell, ID 83605 Mon 10:00am-12:30pm, Tues 3:30pm-6:00pm. Closed on major holidays. (208) 454-3549

Western Idaho Community Action Partnership-WICAP

502 Main St Caldwell, ID 83605 Mon-Fri 8:00am-5:00pm, Closed 12:00-1:00pm Food Pantry hours Mon/Tues/Fri 8:00am- 5:00pm, Closed 12:00-1:00pm Can use once per month. (208) 454-0675 Toll free: 1-877-270-9086 www.wicap.org

Greenleaf Friends Church

20535 Academy Rd Greenleaf, ID 83626 (208) 459-3896

Middleton Food bank

6 E 1st St N Middleton, ID 83644 Mon/Wed/Fri 12:30pm-1:30pm. Must call for appointment. (208) 585-6634

Harvest Life Church

11437 Orchard Ave Nampa, ID 83651 Wed 7:00pm, Sun 8:45am, 10:30am, 12:30pm Must attend a service before food is given. (208) 465-7327

Nampa Spanish Seventh Day Church

323 11th Ave S Nampa, ID 83651 Tues/Thur 1:00-4:00pm (208) 921- 3027

Nazarene Care House

1524 6th St S Nampa, ID 83651 Tuesdays, Thursdays, and Sat 12:30pm - 4:00pm (208) 466-3549

Seventh-day Adventist Community Services

1515 Chicola Nampa ID, 83651 Wed 12:00pm-4:00pm (208) 461-1651

St. Vincent DePaul 2920 E Railroad St Nampa, ID 83687 Tues/Thur 3:00pm-5:00pm

(208) 442-4452

12 Baskets Food Pantry 11220 Lone Star Rd Nampa, ID 83651 Mon/Fri 12:00pm-2:00pm Ph: 208-546-5896 http://foodbank.vcfnampa.com/

BABY SUPPLIES

STATEWIDE RESOURCES

Idaho Diaper Bank Website: http://www.idahodiaperbank.org/ List of organizations that provide baby diapers and wipes

ELMORE COUNTY

Grace Lutheran Church 2422 American Legion Blvd. Mountain Home, ID 83647 (208) 587-4513

ADA COUNTY

Baby Needs Closet @ The Cathedral of the Rockies

717 N 11th Boise Mon & Wed 1-4:30 Provides diapers, wipes available. One request per month. (208) 343-7511

Birthright of Boise

1530 W. State St, #A Meridian Free pregnancy test & support. Maternity clothes, baby clothes to size 12 months, size 1 & 2 diapers when available. Call before you come to make sure we are open. (208) 342-1898 or (800)550-4900 (24 hrs) birthrighofboise.com

CANYON COUNTY

St. Luke's Children's Programs

Car seat, pack n' play, and bike helmet assistance to families in need. We ask for a small money donation for car seats if able and no donation is needed for Pack N' Plays or helmets. (208) 381-1719

CLOTHING AND FURNITURE

ELMORE COUNTY

12 Baskets

287 S Commercial St Glenns Ferry, ID 83623 (208) 590-9223

The Calico Cupboard

Consignment Shop 15 E 1st Ave Bx 323 Glenns Ferry, ID (208) 590-7177

Idaho Youth Ranch Thrift Store

385 N 2nd E St. Mountain Home, ID 83647 (208) 587-2360

ECHO Consignment & Emporium

3275 W 6th S Mountain Home, ID (208) 587-9877

Beedashing Consignment Boutique

258 N 2nd E St Mountain Home, ID (208) 591-6136

Harlan's

Used furniture 2527 W 6th St Mountain Home, ID (208) 587-3413

Airman Pawn

690 N 2nd E Mountain Home, ID (208) 587-7296

ADA COUNTY

Assistance League of Boise Thrift Shop

5825 Glenwood Boise Mon 1:30-5, Tue-Fri 10-5, Sat 10-4 Reasonably priced used clothing & household items (shoes, books, linens, small furniture). (208) 377-4327 boise.assistanceleague.org

Boise Senior Center Thrift Store

690 Robbins Rd Boise Tues, Wed, Thurs 10-2 Clothes, household goods, health aids, home décor, seasonal merchandise. (208) 345-9921 boiseseniorcenter.org

Deseret Industries Thrift Store

10740 W Fairview Boise Mon 10-6, Tue-Fri 10-7, Sat 10-6. Furniture & clothing for men, women (maternity, wedding, & prom dresses) & children. No delivery. Potential help via local LDS Bishop (do not have to be LDS). Best time to reach bishop is all day Sun, Tue & Wed evenings. (208) 375-4681, 1-800-453-3860

Goodwill Thrift Store

New/used clothing and furniture. Mon-Sat 9-9, Sun 11-6. 1465 S Vinnell Wy (Overland) (208)321-9172 7000 W State St Boise (208) 672-2930 1375 E Fairview Meridian (208) 288-4397

Idaho Youth Ranch Thrift Shops

Affordable prices on gently used clothing, home goods, toys, and more. 5465 W. Irving St, Boise 10448 W. Overland Rd, Boise 2142 Broadway Ave, Boise 10485 Fairview Ave, Boise 1417 Main, Boise, ID 83706 300 W. State St., Eagle 231 N. Main St, Meridian, ID https://www.iyrthriftstores.org/

Kid to Kid

1574 N Wildwood Way Mon-Sat 9-8 Children's clothing consignment (208) 376-6488

Meridian United Methodist Church Thrift Store

235 E Pine Ave Meridian Tue & Fri 11-2 Clothing, small household items, some school supplies, & vouchers often available (\$20/person) (208) 888-2245

St Vincent de Paul Thrift Stores

6464 W State Boise Mon-Sat 9:30-6 (208) 853-4921 2160 S Broadway Ave Boise Mon-Sat 9:30-6 (208) 333-8801 Furniture Store 2110 S Broadway Mon-Sat 10-6 213 N Main Meridian Mon-Sat 9:30-6 (208) 888-9101 Used furniture & clothing for sale. For clothing vouchers call 331-2208. St Vincent de Paul Helpline (208) 331-2208 Must leave phone number for call back. www.svdpid.org

Vets4Success Thrift Store

10360 W. Overland Rd Mon-Sat 11-6, Sun 12-5pm (208) 370-5233

CANYON COUNTY

St. Vincent de Paul Thrift Store

3719 E Cleveland Blvd, Caldwell Mon-Sat 9:30am-6:00pm (208) 853-4921

Idaho Youth Ranch Thrift Store

2804 Cleveland Blvd, Caldwell Mon-Sat 9am-7pm, Sun 12-6pm (208) 459-4548

Goodwill Store

1105 Caldwell Blvd, Nampa Mon-Sat 10am-7pm, Sun 11am-6pm (208) 461-4084

Savers Thrift Store

1560 Caldwell Blvd, Nampa Mon-Sun 10am-7pm (208) 463-0576

Financial Resources

My Budget Plan – An excel document that follows an LES.

https://mhafbfun.com/finance/

https://afas.org/

AFAS Standard Assistance is intended for a variety of unexpected emergency financial situations that any Airmen or Guardians could face. Standard Assistance can help with:

- Basic Living Expenses such as rent or utility bills
- Medical or Dental Care
- Funeral Expenses
- Respite Care
- Vehicle Repairs
- Travel Emergencies
- Pet PCS Transportation from or to an overseas assignment
- Special Needs (Exceptional Family Members)
- Pet Emergency Surgery or Treatment
- Pay/Allotment Problems
- Disasters
- Assistance to Surviving Dependents

The Air Force Falcon Loan from the Air Force Aid Society is intended for a more focused spectrum of emergency situations such as emergency financial help with rental or utility assistance. The Air Force Falcon Loan is also appropriate for:

- Rental and utility bill emergency assistance
- Vehicle Expenses
- Emergency Travel
- Emergency Medical and Dental Expenses
- Child Care Expenses

Free Things to Do in Boise Idaho

Boise River Greenbelt Freak Alley Gallery Idaho State Capitol Building Camel's Back Park Katheryn Albertson Park Boise Train Depot Julia Davis Park Hyde Park Morrison-Knudsen Nature Center Ann Morrison Park Ridge to River Trail System Snake River Birds of Prey National Conservation Area Idaho Military Museum Hulls Gulch Nature Trail Arrowrock Dam and Reservoir **Boise National Forest** Ester Simplot Park Boise Public Library Municipal Park Veterans Memorial Park

Parks & Recreation

Boise Parks and Recreation

https://www.cityofboise.org/departments/parks-and-recreation/

Caldwell Parks and Recreation

https://www.cityofcaldwell.org/departments/parks-recreation

Eagle Parks and Recreation

http://cityofeagle.org/154/Parks-Pathways-Recreation

Kuna Parks and Recreation

https://www.kunacity.id.gov/111/Parks-Recreation

Meridian Parks and Recreation https://meridiancity.org/parks/activityguide

Nampa Parks and Recreation https://www.nampaparksandrecreation.org/

Transportation

Treasure Valley Transit

Free Mountain Home Community Transit & Low-cost transportation from Mountain Home to MHAFB

https://www.treasurevalleytransit.com/service-areas/mountain-home-communitytransit/

ACHD Commuter Ride Red Vans

https://www.commuteride.com/